## Acts of Service Treasure Hunt

## In honor of Martin Luther King Day

On Martin Luther King day, people all over the country honor MLK's legacy by helping others, especially those who are forgotten or treated unjustly. For our MLK Acts of Service Treasure Hunt, complete as many of the acts listed below as you can by **February 8th**. For every act you do, we will enter your name into our raffle for a very special prize. Email **nina@essexchips** with the acts you did checked off by February 8th.

- Look up MLK's story and read about why we celebrate him!
- Think of three people in your life who have had a positive impact on you, and write them thank you cards!
- Leave a nice note on your neighbor's door
- Pick up 10 pieces of trash in your neighborhood or local park
- Write cards to the elderly
- Write a letter to military members in service
- Create art to brighten up your neighborhood (snow art, window art)
- Shovel snow from your neighbor's driveway!
- Find some of your old clothes, toys and books to donate to local organizations
  - Resource VT
  - Goodwill
  - Vermont Restore
- Interview a grandparent or older person about their life. Think about how things have changed, and what causes those changes.

- Collect some non-perishable food items to donate to a local food bank
  - Aunt Dot's Place
  - Essex CHIPS Food Shelf
- Become a citizen scientist!
- <u>Play freerice</u>, help donate rice to those in need
- Write a thank you note to your delivery workers!
- Become an earth advocate
- Sign a petition about a cause that is important to you
- Share an act of kindness that you've done on social media!
- Take the good citizen challenge, complete activities to win prizes!
- Research the achievments of a social justice movement!

Do you have another idea to give back to your community? Share it with us and we'll feature it on our page!

Send us photos of you doing these acts of service to get 2 extra raffle entries!

